Modern requirements to the content selection of professional and applied physical education of students studying at technical and technological colleges

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Suggested Citation:

Proceedings on Humanities and Social Sciences.

New Trends and Issues

Abstract

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1. Introduction

2. Literature Review

3. Results and Discussions

3.1. Requirements for physical fitness

3.2. Contents of students' professional and applied physical education

3.3. Forms of students' professional and applied physical education

3.4. Results of sociological poll

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the 4th international scientific and practical conference,

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